western bay of plenty's **VitalSigns**®

Whiria te tangata • Weave the people together

Fitting the pieces together

2015





Inspiring generosity For our community - Forever



Connecting people who care with causes that matter was the impetus for the Acorn Foundation to publish this first Vital Signs[®] report. Information and knowledge are at the heart of our ability to work with donors to make an impact.

Vital Signs[®] is a tool developed by Community Foundations in Canada to identify issues in the community. We believe Vital Signs[®] will be widely used by our donors, councils, and by charitable organisations working in our community – making the Acorn Foundation a key resource for vital information.

Research in a reader-friendly format is the root of Vital Signs[®]. As a catalyst for networking, Vital Signs[®] has been very successful overseas in initiating and fuelling important conversations about our quality of life.

A key challenge for philanthropy and Councils is sorting through competing priorities, identifying opportunities, and creating space for deeper conversations and solutions. This is a baseline report to look at what we are currently doing and what we can do in future to improve the rating in each sector. We hope you find it helpful and interesting. We wish to thank the local funders and Councils who have supported this initiative, being the first Vital Signs[®] research project in New Zealand.

"It is inspiring to see the growing awareness that indeed, if you want to go far, you have to go together." Garfield Foundation





Glenn Keaney - Chair Acorn Foundation



Nicky Wilkins - General Manager Acorn Foundation

This Vital Signs[®] project was possible because of the generous support of the following:







Summary

Vital Signs[®] is an initiative aimed at measuring the vitality of a region; identifying trends, strengths, and areas for improvement. Residents choose grades for 12 key areas, and statistics on elements of those 12 areas are brought together to build a picture of life in the Western Bay of Plenty sub-region.

What we love best

Survey respondents were asked for the best things about living in the Western Bay of Plenty or Tauranga city. These are the top 5, and the percentage of people who chose them.



- Climate (69%)
- 2. Natural environment (54%)
- 3. Friends and family/whanau (26%)
- 4. Recreation opportunities (26%)
- 5. Parks and reserves (17%)

What concerns us most

1.

In an open-ended question, we asked what was the main issue facing us. Of the 1,943 main issues raised, the two most common named issues were...

- **1.** Affordable housing and housing availability (18%) "If I can't feed my family or put and keep a roof over their head, how can I start to look at other things in my community?"
- 2. The economy is not providing enough employment opportunities (16%) "Encourage an increase in the number and diversity of small businesses to provide opportunities for employment and a flourishing local community."

Other issues highlighted by 5% or more of residents were:

- 1. Council debt/high rates
- 2. Intolerance/bullying/racism
- 3. Lack of sense of community
- 4. Lack of education

How did we score?

AREA	GRADE	PAGE
Arts & Culture	B-	4
Belonging & Engagement	C+	6
Economy	B-	8
Environment	B-	10
Gap between Rich & Poor	C-	12
Getting Around	С	14
Getting Started	C+	16
Health	С	18
Housing	C-	20
Learning	C+	22
Safety	С	24
Sport & Recreation	B	26

Grades	
to choose a sus de	£

Participants chose a grade for each of the 12 areas:

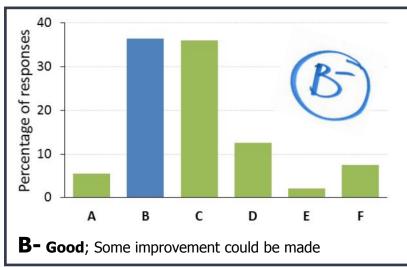
- A = Excellent. Continue current approach
- **B** = Good. Some improvement could be made
- C = Average. Additional effort should be made
- D = Below average. Additional work is required
- \mathcal{E} = Failure. Immediate action is crucial

ARTS & CULTURE

Te toi whakairo, ka ihiihi, ka wehiwehi, ka aweawe te ao katoa Artistic excellence makes the world sit up in wonder

AT A GLANCE...

How are we doing with respect to Arts and Culture?



Your top 3 priorities for art and culture: More festivals and community celebrations More affordable arts and cultural activities Opportunities for citizens to engage in arts and cultural activities



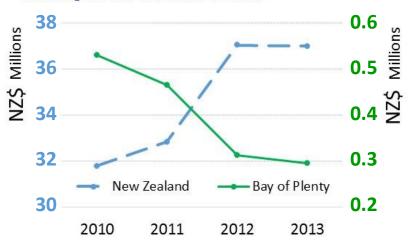
ACORN & TECT GRANTS

Filipe Manu, the first recipient of a \$1500 award at the Tauranga Performing Arts competition established by Acorn donor, Christine Tustain, in 2014.





Funding for the arts 2010 to 2013⁵



ABOVE: ⁵Arts Council of New Zealand: www.creativenz.govt.nz

- In 2013, there were 60,782 visitors to the Tauranga Art Gallery, up from 55,900 in 2012¹.
- The Incubator in the Historic Village runs free monthly workshops to share art skills².
- Ra Whakangahau is a free two-day festival held in November each year in Tauranga to celebrate Kapa Haka. Children from primary and intermediate schools perform.
- A Mural Contest & Arts Festival was held in Katikati in 2013, with another planned for 2015. The week-long festival features a mural contest, a community "paint by numbers" event, music, and other forms of art³.
- Creative Te Puke is a group of volunteers committed to the cultural and aesthetic enhancement of Te Puke⁴. They contribute to many arts and culture projects including the Heritage Walkway.



Residents of which ward were LEAST satisfied with arts and culture?

ANSWER: Kaimai residents

Residents of which ward were MOST satisfied with arts and culture?

ANSWER: Katikati-Waihi Beach residents



"We are becoming more intergenerational as a community. We need to know and celebrate the area's history...Let the arts, cultural activities, and sports become the opportunities to draw us together and make us proud."

Female respondent from Omokoroa

"We need a museum to house our local history and to have a place for tourists to go when they want to learn about Māori culture."

Male respondent from Gate Pa



"Visual art in any form brings the community together."

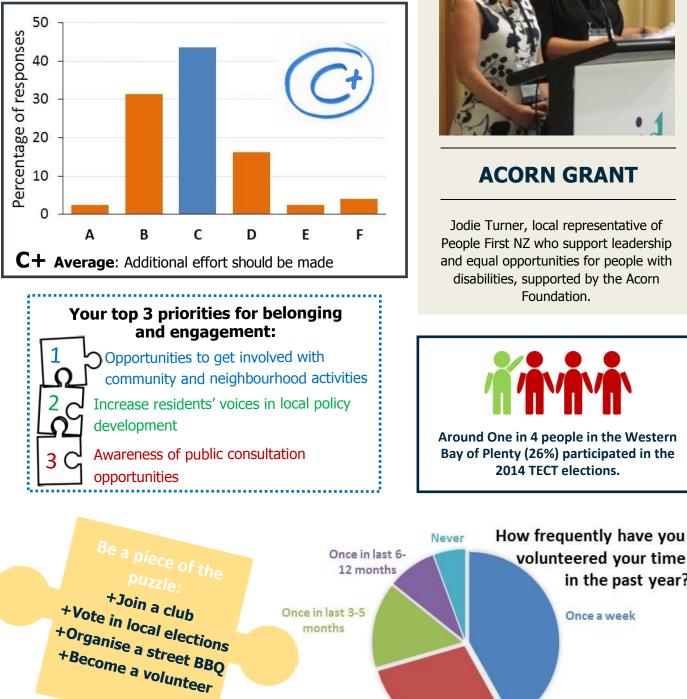
emale respondent fron Katikati

BELONGING & ENGAGEMENT

Ehara taku toa i te toa takitahi, engari he toa takitini ke My strength does not come from me alone but also from others

AT A GLANCE...

How are we doing when it comes to having residents who are engaged?



ACORN GRANT

Jodie Turner, local representative of People First NZ who support leadership and equal opportunities for people with disabilities, supported by the Acorn Foundation.



Around One in 4 people in the Western Bay of Plenty (26%) participated in the 2014 TECT elections.



in the past year?

Once a week

Once a month

- Volunteering is a great way to connect with your community. Volunteers reported that cleaning oil off the beaches after the Rena oil spill helped them feel that they belonged to the community⁷.
- Volunteer Western Bay of Plenty has a website for people seeking volunteers, or people who want to be volunteers⁸.
- In 2014, the Tauranga Foodbank run by volunteers helped more than 16,000 people and gave out more than 5,000 food parcels⁹. This shows the growing gap between the rich and the poor.
- In 2013, only 38% of people registered actually voted in the Tauranga City Council and Western Bay of Plenty District Council elections¹⁰.
- Council meetings are open to the public¹⁰. Meeting schedules are published in the newspaper or on the council's website.
- An extensive list of clubs and community groups covering a diverse array of interests is available online¹¹. Community events are advertised in the Weekend Sun in print or online¹².

Residents of which ward were LEAST satisfied with belonging and engagement?

ANSWER: Welcome Bay-Te Papa residents

Residents of which ward were MOST satisfied with belonging and engagement?

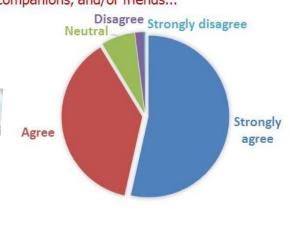
ANSWER: Maketū-Te Puke residents

71% = the percentage of

People who felt that they have the opportunity to make a difference in their community



We asked you whether you agreed or disagreed with the statement: I am supported by loving family, whānau, companions, and/or friends...



"Strong neighbourhoods will build a culture of people helping and supporting themselves. In a strong neighbourhood, old will help young, abled will help disabled, people will share resources, they will discuss problems and find their own solutions."

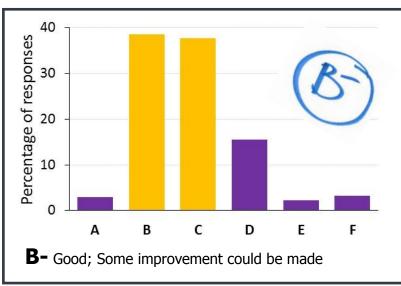
Female respondent from Aongatete

ECONOMY

He kai kei aku ringa There is food at the end of my hands

AT A GLANCE...

How are we doing when it comes to the economy?



Your top 3 priorities for our economy:

Improve support for entrepreneurs and small business

Reduce unemployment

Diversify the economic base





GRANTS

The Coastal Marine Field Station, established in Tauranga by the University of Waikato (with support from Priority One, BOP Regional Council, Port of Tauranga, the BOP Tertiary Partnership, and SmartGrowth) positions the region as a centre for marine-based research for pharmaceutical and agrichemical innovation.



ABOVE: Main employment industries in the Bay of Plenty. The size of the text labels shown above reflects the number of people employed in that industry¹⁷.

- The Western Bay of Plenty is one of the fastest growing economic regions in New Zealand. The emphasis has been on land development, residential construction, the retirement sector, horticulture and agriculture and expansion of Tauranga's port¹³.
- There are 13,374 businesses in Tauranga¹⁴.
- Priority One was established in 2001 by the Tauranga and Western Bay of Plenty business community to promote economic development in our region¹³.
- Over the next 40 years, due to the ageing population, there will be insufficient new workers to replace retirees.
 By the mid-2020s, 1 out of 3 people aged 65+ is projected to be working^{6, 15}.
- The median income per person is \$27,100 in Tauranga and \$26,300 in the Western Bay of Plenty District¹⁶.
 Both these medians are below the national median personal income of \$28,500¹⁶.
- Enterprise Angels is the largest angel investor group in the country with nearly 150 members. Initially nearly all EA investment was in startup companies outside the BOP. Now \$5.2M representing 45% of all EA investments has been invested in BOP companies.

Residents of which ward were LEAST satisfied with the economy?

ANSWER: Otumoetai-Pyes Pa residents

Residents of which ward were MOST satisfied with the economy?

ANSWER: Mt Maunganui-Papamoa residents

"(We need...) growth of job opportunities along with opportunities for job seekers to learn skills that lead to employment, while actively encouraging more manufacturing in our region. This seems to be making a difference to our local economy already and hopefully this will continue!"

Female respondent from Aongatete

One out of 8 employees in the Western Bay of Plenty sub-region work in the Health sector⁶.



"We need to show leadership and community support by creating truly sustainable development."

Male respondent from Tauranga



ENVIRONMENT

Hutia te rito o te pu harakeke. Kei whea te komako e ko? If you destroy the flax, from where will the bellbird sing?

AT A GLANCE...

How are we doing when it comes to environmental sustainability?



Increase public transport options

Increase opportunities to learn about sustainable practices

Be a piece of the puzzle: +Join a dune protection group +Recycle and re-use +Car pool or take the bus once a week



TECT & BAYTRUST GRANTS

To promote recycling in schools and early learning centres, students receive native trees as rewards for recycling. TECT funding helped to pay for recycling station equipment and operating costs.



Above: Main issues raised by Bay of Plenty residents in a 2012 Tauranga Harbour perceptions survey by the Bay of Plenty Regional Council²⁴.

- Our harbour is one of the largest in New Zealand and is used recreationally by hundreds of people every day¹⁸.
- The Western Bay of Plenty is home to the Kaimai Mamaku Forest Park; 37,000 ha of protected forest incorporating 360km of walking tracks¹⁹.
- There are 25 enviroschools in the Tauranga city, and 15 in the Western Bay of Plenty district²⁰ teaching children to live sustainable lives.
- Community groups from Waihi to Maketū are working to improve our environment²¹.
- Sea levels at Mount Maunganui have risen 11 cm since 1950, and could rise another metre by 2100²².
- Tauranga's air quality is better than the national average²³.
- An increase in sediment in Tauranga Harbour has contributed to rapid increases in mangrove cover. Climate change is likely to result in further increases in mangrove cover²⁴.
- Copper concentrations in the soil of kiwifruit orchards in the Western Bay of Plenty have increased as a result of spraying for the Psa disease. One out of six orchards was found to exceed safe guidelines²⁵.

Residents of which ward were LEAST satisfied with the environment?

ANSWER: Otumoetai-Pyes Pa residents

Residents of which ward were MOST satisfied with the environment?

ANSWER: Mt Maunganui-Papamoa residents

"Environmental sustainability... is the most important issue because it is global and it is imminent. To focus on sustainability would set us apart from other places."

Female respondent from Whakamarama

"Environmental protection is the main issue. I believe a healthy and flourishing environment is an integral part of all our lives - water, land, air, flora and fauna - without these our society and economy will invariably suffer."

Male respondent from Tauranga

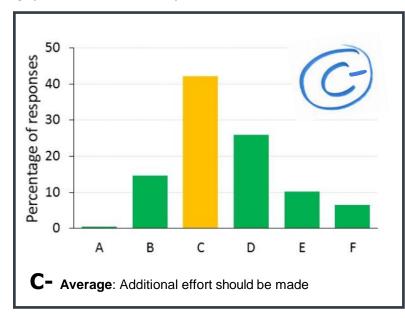


GAP BETWEEN RICH & POOR

Ki te kore nga putake e mākukungia e kore te rakau e tupu If the roots of the tree are not watered the tree will not grow

AT A GLANCE...

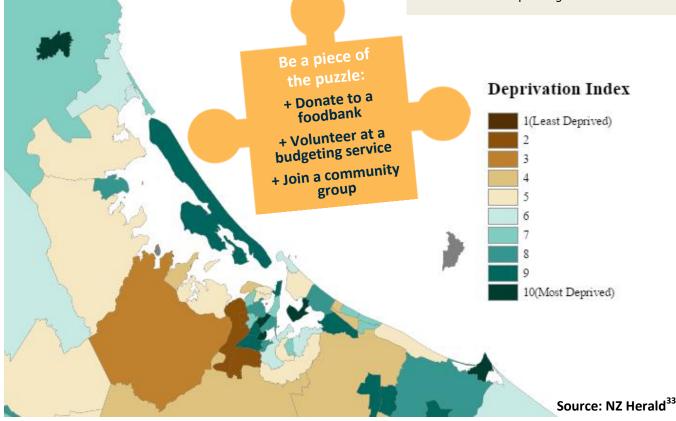
How are we doing when it comes to addressing the gap between rich and poor?





GRANTS

Good Neighbour Aotearoa Trust is rescuing edible but unsaleable food and giving it to organisations already doing great work in our community. Since February 2014, they have re-distributed over 20,000kgs of food that would have been thrown away, providing 57,000 meals to hungry families. Acorn provided a grant in 2014 to assist with their operating costs.



- In 1982, 14% of New Zealand children were living in poverty. In 2014, that number is 22%³⁰.
- The larger the gap between rich and poor, the more health and social problems a society is likely to have³¹.
- New Zealand has one of the biggest gaps between rich and poor in the developed world³¹.
- Closing the Gap is a Tauranga-based community group which aims to raise awareness about income inequality³².



Two out of 5 people in the Western Bay of Plenty sub-region, and in New Zealand in general, earn less than \$20,000 per year⁶.

Your top 3 priorities for improving the gap between rich and poor:

Promote local adoption of a living wage

Improve basic household financial skills

Services that support transition from unemployment to workforce

"(The main problem is the)...increasing gap between rich and poor, and the slide of middle income families into poverty. Tauranga has the appearance of affluence and so many people have no idea how others are struggling. There is real poverty in our community."

Female respondent from Tauranga South



Residents of which ward were the LEAST satisfied with the gap between rich and poor?

ANSWER: Otumoetai-Pyes Pa residents

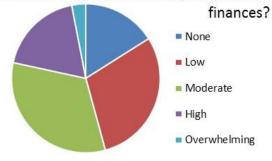
Residents of which ward were the MOST satisfied with the gap between rich and poor?

ANSWER: Katikati-Waihi Beach residents

"(The main problem is the)...increasing gap between rich and poor - and the differences in access to health care, oral health, leisure pursuits, education/sporting opportunities, diet, work/life balance that accompany it."

Female respondent from Oropi

How much stress do you feel about your personal



"There is a proportion of the population living in poverty. To have a healthy community we need to have a community in which there is greater equality ."

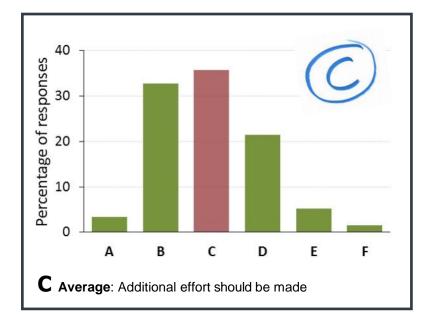
Female respondent from Pyes Pa

GETTING AROUND

He moana pukepuke e ekengia e te waka Even if the sea is rough it can be crossed by canoe

AT A GLANCE...

How are we doing when it comes to the ability to get around and transport people and goods through the region?





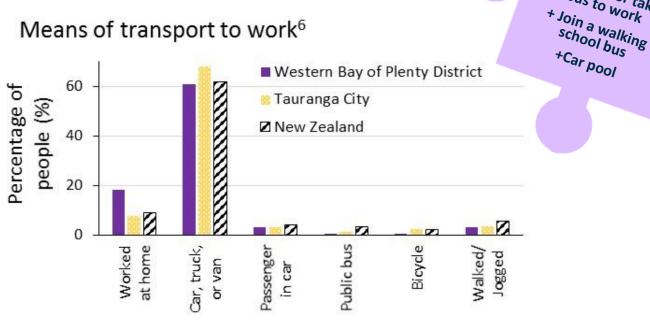
TECT & BAYTRUST GRANTS

In 2013, nearly 9,000 school students visited the art gallery through the free ArtBus service funded by TECT, BayTrust, and The Rotary Club of Tauranga.

Be a piece of the

+ Bike, walk, or take the bus to work

Means of transport to work⁶



- A cycleway along the coast from Waihi to Maketu is being considered by Western Bay of Plenty District and Tauranga City Councils. This will link the Hauraki Rail Trail with Tauranga from the north and in time, the Motu Trails in the east.
- The Tauranga Eastern Link, the largest State Highway ever built in the Bay of Plenty, extending over 23 km from Baypark to Paengaroa, is expected to open late 2015³⁵.
- The East Coast Main Trunk rail line is one of the busiest rail lines in New Zealand. Kiwirail runs 14 return services through the Western Bay of Plenty every day³⁶.
- There are 51 Kids on Feet walking school buses in Tauranga³⁷. 48 children use the walking school bus to walk to Katikati Primary school each day³⁸.
- The Western Bay of Plenty sub-region is home to New Zealand's largest export port, the Port of Tauranga³⁹.
- From February 2014 January 2015, the Tauranga BayHopper bus service carried on average about 5,200 passengers every day.
- Te Puke residents wanting to travel to Tauranga have access to four Council-contracted bus services each day on Monday, Tuesday and Thursday and five on Wednesday and Friday. They also have access to a return service on Saturday as well as inter-regional commercial services throughout the week.

Residents of which ward were the LEAST satisfied with transport?

ANSWER: Kaimai and Maketū-Te Puke residents

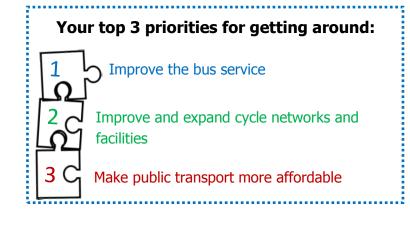
Residents of which ward were the MOST satisfied with transport?

ANSWER: Mt. Maunganui-Papamoa residents

"(The)...main issue is the lack and infrequency of public transport. Improving this will make it easier for young people to stay in the area and find work."

Male respondent from Te Puke





"(We should ensure)...a compact urban form so common destinations are closer for people and therefore public transport, walking, and cycling are more viable transport options."

Female respondent from Papamoa

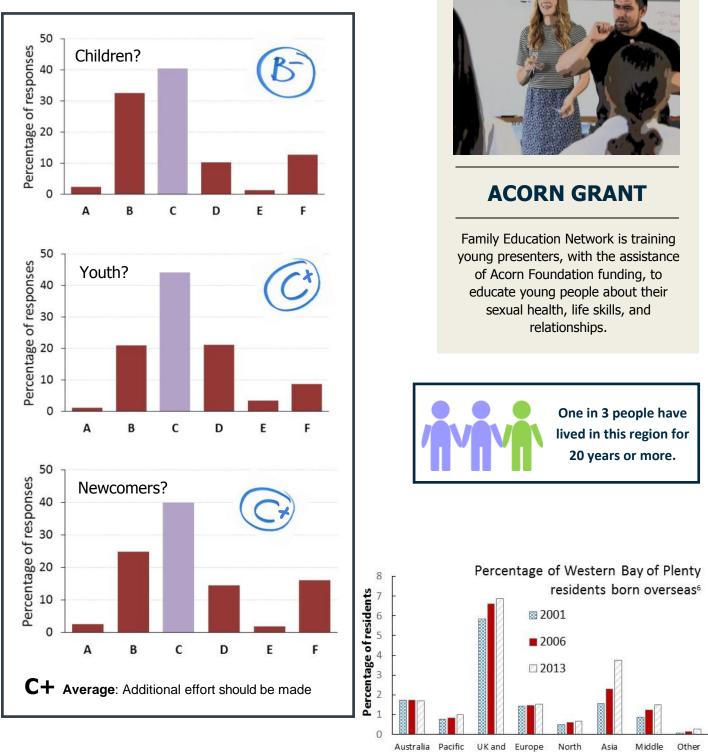
GETTING STARTED

Ma te huruhuru te manu ka rere

Adorn the bird with feathers so it can fly

AT A GLANCE...

How are we doing when it comes to successful starts for:



ANCE

Islands

Ireland

America

Place of birth

East and Africa In this area, we wanted to know about how our community is doing in terms of supporting successful starts for children, young people, and newcomers to the region.

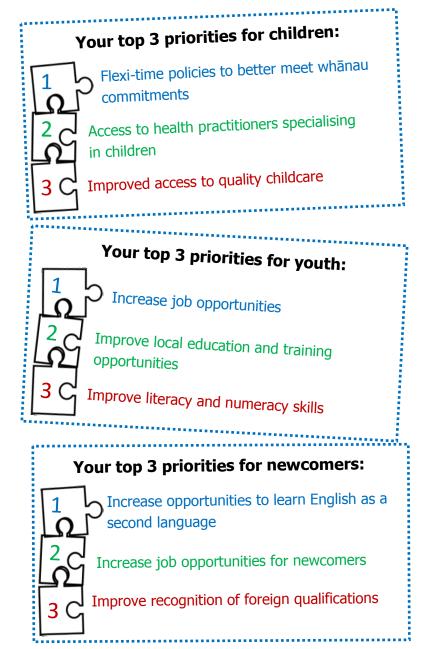
Did you know...

- Tauranga Regional Multicultural Council runs weekly English language courses and regular events, open to all residents, to help migrants to settle and to foster crosscultural activities⁴⁰.
- The Youth Guarantee programme run by the YMCA provides free full-time support for young people to complete NCEA⁴¹.
- The Western Bay of Plenty sub-region is home to many Playcentres, which are parent-led early childhood centres. Playcentre also offers free parenting and early childhood education for parent members.
- 87% of 8-month olds in the Western Bay of Plenty sub-region are fully immunized⁴².



"A move toward making every culture feel they are welcomed and have something valuable to offer would help strengthen and close the gaps between people."

Female respondent from Katikati



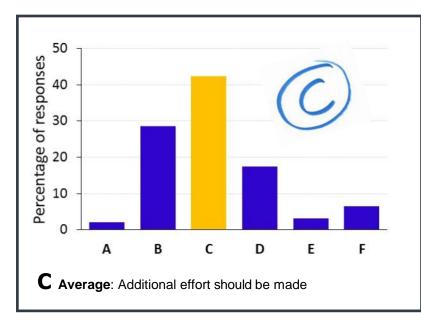


HEALTH

Me mahi tahi tātou mo te orange o te katoa We must work together for the wellbeing of all

AT A GLANCE...

How are we doing when it comes to health and wellness ?





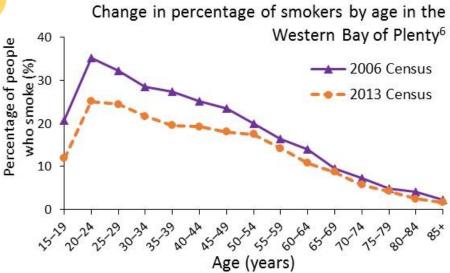
ACORN GRANT

Hemi Neha of Te Kanapu Meke Meke teaches focus and resilience to youth through a boxing programme run in low decile schools in the region, with help from a 2014 Acorn Foundation grant.



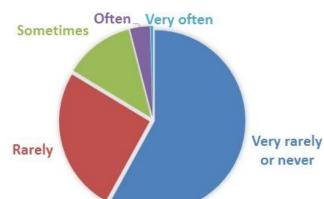


One out of 5 people (19%) in the Western Bay of Plenty sub-region are 65 or older. In New Zealand as a whole, 14% are 65 or older⁶.



- One in three New Zealand adults is obese, and another one in three is overweight⁴³.
- Let's Get Growing is a Western Bay of Plenty community group committed to establishing community gardens to promote healthy living and community connections⁴⁴.
- The population of the Western Bay of Plenty is ageing faster than other regions of New Zealand, with the population of the Western Bay of Plenty District Council region projected to age more rapidly than the Tauranga City Council region¹⁵.
- In New Zealand, the 65+ population is expected to increase by 61% by 2026, while all other age groups combined will grow by only 5.4% in the same period¹⁵.
- 2.5 times more men die from skin cancer than women in New Zealand²⁸.
- Some of the waterways in the Western Bay of Plenty sub-region, such as Waimapu Stream, 2 and 3 Mile Creek at Waihi Beach, are subject to permanent swimming bans due to contamination from fecal matter⁴⁵.

We asked: How often do you feel lonely?



Residents of which ward were the LEAST satisfied with health?

ANSWER: Kaimai, Maketū-Te Puke, and Otumoetai-Pyes Pa residents

Residents of which ward were the MOST satisfied with health?

ANSWER: Katikati-Waihi Beach and Mt. Maunganui-Papamoa residents

"The gap between the poor and rich is getting larger. This leads to social and health issues."

Male respondent from Tauranga



"Tauranga City has an ageing population and better provision for health, housing, transport, and safer driving routes need to be considered with older people ageing in their own homes."

Female respondent from Bethlehem



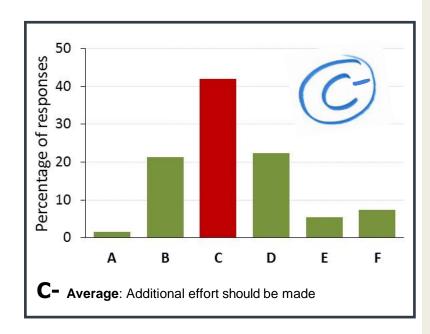
HOUSING

He kainga haumaru, he āhuru mōwai mōku

A safe home, a sheltered haven for me

AT A GLANCE...

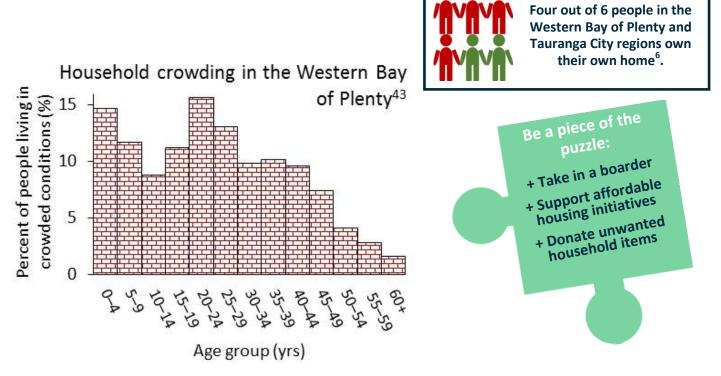
How are we doing when it comes to housing?





TECT & BAYTRUST GRANTS

The Tauranga Community Housing Trust village, an affordable housing initiative. The Trust also established a shelter for women and children, supported by a 2014 Acorn Foundation grant.



ABOVE: Crowding based on the premise that no more than two people should share a bedroom.

- Tauranga city is the third most expensive place in New Zealand to rent a house, behind Auckland and Northland⁶.
- The value of building consents issued in Tauranga in 2014 was the highest in 7 years, and represents a 13.8% increase on 2013 figures⁴⁶.
- The median house price in Tauranga increased 15% over the 2014 year, to \$403,000⁴⁷.
- \bullet The number of house sales in Tauranga increased 21% from 2013 to 2014 $^{48.}$
- There is a shortage of rental properties in the region, and rents increased 10% during 2014⁴⁸.
- Household crowding increases the risk of poor health outcomes. In 2013, 16,905 people (8.8%) in the region serviced by the Bay of Plenty District Health Board lived in crowded conditions⁴³.



Residents of which ward were the LEAST satisfied with housing?

ANSWER: Te Papa-Welcome Bay residents

Residents of which ward were the MOST satisfied with housing?

ANSWER: Katikati-Waihi Beach and Kaimai residents

"(We need)...attainable home ownership for young people, especially with families. Home ownership makes communities more responsible with a sense of belonging. Home ownership gives some control over your future and a stake-hold in the community."

Female respondent from Minden

"Preventing urban sprawl through housing developments should be a priority. Mixed land use buildings within the city would improve housing and accessibility to amenities."



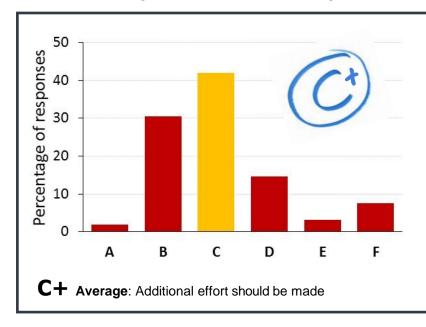
LEARNING

Whaowhia te kete mātauranga

Fill the basket of knowledge

AT A GLANCE...

How are we doing when it comes to learning?



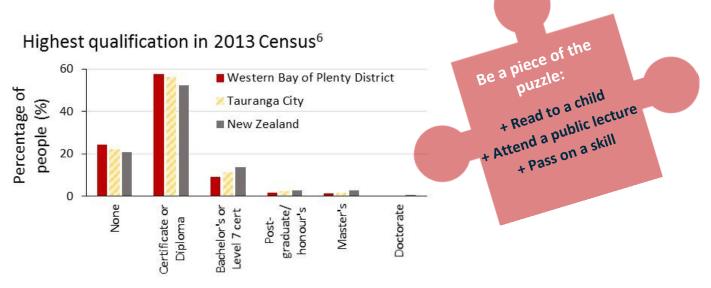


GRANTS

Bay of Plenty Regional Council and TECT have each committed \$15m to the Bay of Plenty Tertiary Education Partnership, for a purpose-built shared tertiary campus.



One out of 7 people in the Western Bay of Plenty have a University degree⁶.



- The Western Bay of Plenty is home to a unique partnership between four tertiary institutions. One of the aims of the Bay of Plenty Tertiary Partnership is to increase participation in tertiary education⁴⁹.
- Bay of Plenty Education Trust awards scholarships to young people to financially assist them to undertake tertiary studies⁵⁰.
- Café Scientifique hosts regular seminars and public lectures on science and technology. Previous Cafés have discussed topics such as 3D printing; food safety; sustainability; cells, life and billion year-old bacteria⁵¹.
- U3A Tauranga is an organisation for retired people to continue to learn together. Check out their website for groups you can join to learn about topics from applied metaphysics to website design: http:// www.u3atauranga.kiwi.nz

Your top 3 priorities for learning:

Improve links between local industries and local training/educational institutions

Improve literacy and numeracy skills

Build a University campus in downtown Tauranga

Residents of which ward were the LEAST satisfied with learning?

ANSWER: Kaimai residents

Residents of which ward were the MOST satisfied with learning?

ANSWER: Katikati-Waihi Beach residents

"I think the downtown University Campus will add such a lot to the city. Some of the young people will not need to leave the city to further their education."

Female respondent from Pyes Pa

"Tauranga is a beautiful city but more effort needs to be undertaken to encourage students to study here."

Male respondent from Mt Maunganui

"The city is the people and needs to reflect the needs of the people at any age level. If we nurture and teach the young they will have the confidence to sustain themselves and look after the community."

Male respondent from Tauranga

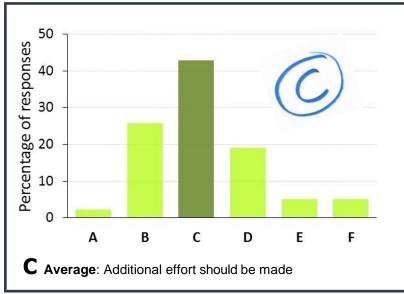


SAFETY

Te tiro atu to kanohi ki tairawhiti ana tera whiti te ra kite ataata ka hinga ki muri kia koe Turn your face to the sun and the shadows fall behind you

AT A GLANCE...



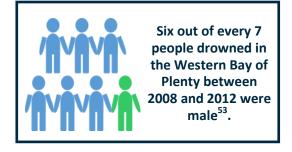


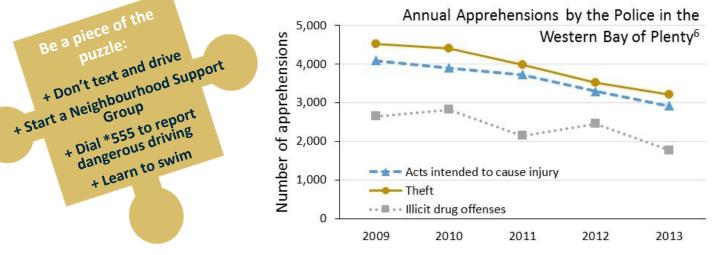
Your top 3 priorities for our safety and security:



ACORN GRANT

Coastguard Maketū, a volunteer service, were able to purchase new medical equipment for waterrelated medical emergencies thanks to a 2014 grant from Acorn Foundation.





- Te Aranui Youth Trust, through Bluelight WBOP⁵² run an annual expo in Tauranga for Year 11 students, and the general public, to promote safe driving practices, in particular to educate about the effects of drugs and alcohol on driving. More than 1,000 people attend each year.
- From 2008 to 2012, there were 44 deaths from drowning in the Western Bay of Plenty sub-region⁵³. Two-thirds of those deaths occurred during recreational activities⁵³.
- There were 1,333 burglaries in the Bay of Plenty in 2013, down from 1,647 in 2012⁵⁴.
- Neighbourhood Support New Zealand offers advice on multiple topics about how to keep yourself and your community safe⁵⁵. About half of the households in Papamoa are members of Neighbourhood Support⁵⁵.
- Members of the public can anonymously report crimes by dialing Crimestoppers on 0800 555 111⁵⁶.
- www.neighbourly.co.nz provides a way for people to connect with their neighbours.

Residents of which ward were the LEAST satisfied with safety?

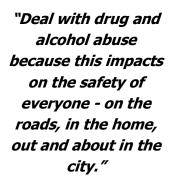
ANSWER: Kaimai residents

Residents of which ward were the MOST satisfied with safety?

ANSWER: Otumoetai-Pyes Pa and Katikati-Waihi Beach residents

"We must promote Tauranga as a safe and fun City that supplies the opportunity for young and old to exercise in safety and comfort."

Male respondent from Papamoa



Female respondent from Bethlehem

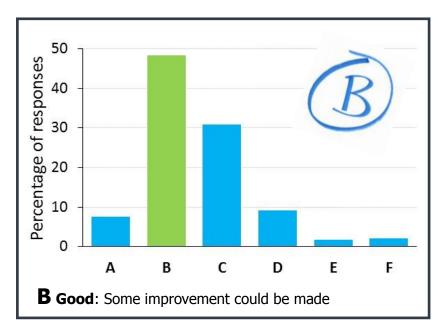


SPORT & RECREATION

Mauri tūmauri ora An active soul is a healthy soul

AT A GLANCE...

How are we doing when it comes to sport and recreation?





ACORN & TECT GRANTS

Acorn Foundation provided a grant to Swimming NZ in 2014 to support the Kiwi Swim Safe Programme, training teachers and parents to deliver swimming programmes in local primary schools.





Nine out of 10 secondary students are physically active for less than an hour each day²⁸.



Top 4 reasons given by New Zealand High School students in 2012 for not participating in sports or clubs outside school²⁹:

- 1. I'm not interested (39%)
- 2. I have other responsibilities (23%)
- 3. I'm not good enough at sport (21%)
- 4. *I would feel shy, nervous, or embarrassed* (18%)

While 11% of boys said that they would feel shy, nervous, or embarrassed, 22% of girls gave this reason for not participating in sport.



- Over a million people walk the Mauao base track around Mount Maunganui each year²⁶.
- Sport Bay of Plenty provides an extensive list of exercise classes, social sporting events and clubs on its website²⁷.
- Half of New Zealand children watch more than 2 hours of television each day²⁸.
- 9 out of 10 secondary school students in New Zealand are physically active for less than an hour a day²⁸.
- The Western Bay of Plenty hosts the AIMS games each year. In 2014, more than 7,000 students from 228 schools participated²⁷.
- BayTrust has funded Coachforce (\$4m for 10 years).

Your top 3 priorities for sport and recreation:

Support the redesign of existing outdoor spaces to be multi-purpose and multi-season

Increase the number of children and youth involved in recreation or sports

Increase investment in sport and recreation facilities

Residents of which ward were the LEAST satisfied with sport & recreation?

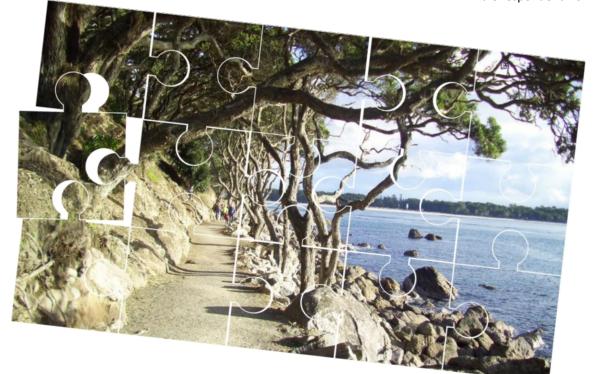
ANSWER: Te Papa-Welcome Bay residents

Residents of which ward were the MOST satisfied with sport & recreation?

ANSWER: Katikati-Waihi Beach residents

"Encourage our youth to get involved in local clubs, sports or community groups and activities." Male respondent from Te Puke

"Create safe routes for both walkers and cyclists. Pedestrians and cyclists should not be scared to be on the road." Male respondent from Omokoroa





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Methodology

An online survey was conducted in Nov/Dec 2014. It was open to all residents of the Western Bay of Plenty sub-region aged over 17 years old. A total of 1,546 people completed the survey, giving a margin of error of $\pm 2.5\%$ for the results (with a 95% confidence interval). More women responded than men (61%). Most participants identified as Pākehā/New Zealand European (84%) or Māori (6%). People from each geographic area were well represented.

Data analysis

All data was weighted by age, gender, ethnicity, and residential ward to ensure that the data represented our community. Data were analysed and graphed using MS Excel® and SPSS®. Data files are available by emailing sargisson@waikato.ac.nz.

Age	% of respondents
Under 18 yrs	0.2
18-25 yrs	6.2
26-35 yrs	8.7
36-45 yrs	15.9
46-55 yrs	22.5
56-65 yrs	20.8
66-75 yrs	18.6
76-79 yrs	3.3
80+ yrs	3.7

Where to from here?

Acorn Foundation, the Councils and local funders who have supported the Vital Signs[®] project will use these research findings when considering future funding for the Western Bay of Plenty Sub-Region. The intention is to help improve the grades in each of the 12 sectors, over time.

Thank you to everyone who has been involved in this research – the first Vital Signs[®] project undertaken in New Zealand.



WESTERN BAY OF PLENTY'S

VitalSigns[®]

The following people formed the original steering group for this Vital Signs[®] project and we would like to thank them for their input and vision, in helping to make this happen.

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> Meagan Holmes Tauranga City Council

Antoinette Denton Western Bay of Plenty District Council

Sarah Davey Bay of Plenty District Health Board



Inspiring generosity For our community - Forever

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Acorn Foundation would like to acknowledge its key corporate partners.



